



AID STATIONS

SUNNY:

Aid station 1 : Sošići 7,5km

- water, isotonic, coke, fruit, cakes/cookies, cheese, nibbles

Aid station 2 : Kloštar 16,6km

- water, isotonic, coke, fruit, cakes/cookies, cheese, nibbles

Aid station 3: Raskršće 25,3km

- water, isotonic, coke

Aid station 4: Finish line

- water, isotonic, coke, fruit, cakes/cookies, cheese, nibbles

Time limit on AID station 2 (Kloštar - 16,6km) 13:30 or 3:30 h from the start of the race. All competitors who break this limit will be transferred to the finish by the organizer.

URBAN:

Aid station 1: Kamp Valkanela 5,1km

- water, isotonic, coke, fruit, cakes/cookies, cheese, nibbles

Aid station 2: Kamp Valkanela 11,6km

- water, isotonic, coke, fruit, cakes/cookies, cheese, nibbles

Aid station 3: Finish line

- water, isotonic, coke, fruit, cakes/cookies, cheese, nibbles

FUN&RUN:

Aid station 1 : Raskršće 5km

- water, isotonic, coke

Aid station 2: Finish line

- water, isotonic, coke, fruit, cakes/cookies, cheese, nibbles